

Year 7	Choreography	Performing	Evaluate
Excelling	<p>I can use choreographic devices with ease without being prompted.</p> <p>I can use basic principles of choreography, including creating, repeating and developing motifs to make my dance more interesting.</p>	<p>I can perform with appropriate style and technique</p> <p>I can perform with focus, expression, fluency and clarity</p>	<p>I can explain how the body reacts during different types of exercise e.g. warm up and cool down</p> <p>I can comment on skills and techniques in my own and others work, suggesting ways to improve dances</p>
Extending	<p>I can create a motif using a range of actions, dynamics, space and relationships</p> <p>I can select and use a range of actions, dynamics, space and relationships to show a theme/stimulus.</p>	<p>I can perform with good timing and spatial awareness</p> <p>I can perform with control, fluency and clarity</p>	<p>I can identify strengths and weaknesses in my own and others work and suggest ways to improve these areas.</p> <p>I can describe how actions, space, dynamics and relationships are used to show a stimulus</p>
Embedding	<p>I can select and link together more complex actions to create a short dance with a strong starting and ending position</p> <p>I can develop my work using more complex choreographic devices (eg. canon and unison, direction, levels formations)</p>	<p>I can perform with energy and confidence</p> <p>I can remember and perform short dances with a sound level of accuracy.</p>	<p>I can identify and describe actions in my dances.</p> <p>I can describe what is successful in a dance and how it could be improved using some actions, space, relationships and dynamics.</p>

Secure	<p>I can select and link together more complex actions to create a short dance with a clear starting and clear ending position</p> <p>I can develop my work using a range choreographic devices (eg. canon and unison, direction, levels)</p>	<p>I can perform with energy and confidence but it is not consistent</p> <p>I can remember and perform with more accuracy longer dances</p>	<p>I can identify and describe more complex actions in my own and others dances.</p> <p>I can identify strengths and weaknesses in both my own and others performances and give ideas how to improve.</p>
Developing	<p>I can select and link together simple actions to create a short dance with a clear starting and ending position</p> <p>I can develop my work using simple choreographic devices (eg. Canon, unison and levels.)</p>	<p>I can remember and perform with more accuracy short dances</p>	<p>I can identify and describe actions in my own and others dances.</p> <p>I can identify strengths and weaknesses in both my own and others performances.</p>
Beginning	<p>I can select and link simple actions to create a short dance with a starting and ending position</p> <p>I can develop my work using simple choreographic devices (unison and Cannon)</p>	<p>I can remember and perform with some accuracy short dances.</p>	<p>I can identify and describe very simple actions in my own and others dances.</p> <p>I can identify basic strengths and weaknesses in own and others performance</p>

Year 8	Choreography	Performing	Evaluate
Excelling	<p>I can select and use a range of actions, dynamics, space and relationships to show a theme/stimulus</p> <p>I can create a motif using a range of</p>	<p>I can perform with control, fluency and clarity</p> <p>I can perform with good timing and spatial awareness</p>	<p>I can describe how actions, space, dynamics and relationships are used to show a stimulus</p> <p>I can identify strengths and weaknesses in my own and others work and suggest ways to improve these areas.</p>

	actions, dynamics, space and relationships		
Extending	<p>I can use choreographic devices with ease without being prompted.</p> <p>I can use basic principles of choreography, including creating, repeating and developing motifs to make my dance more interesting.</p>	<p>I can perform with appropriate style and technique</p> <p>I can perform with focus, expression, fluency and clarity</p>	<p>I can explain how the body reacts during different types of exercise e.g. warm up and cool down</p> <p>I can comment on skills and techniques in my own and others work, suggesting ways to improve dances</p>
Embedding	<p>I can create a motif using a range of actions, dynamics, space and relationships</p> <p>I can select and use a range of actions, dynamics, space and relationships to show a theme/stimulus.</p>	<p>I can perform with good timing and spatial awareness</p> <p>I can perform with control, fluency and clarity</p>	<p>I can identify strengths and weaknesses in my own and others work and suggest ways to improve these areas.</p> <p>I can describe how actions, space, dynamics and relationships are used to show a stimulus</p>
Secure	<p>I can select and link together more complex actions to create a short dance with a strong starting and ending position</p> <p>I can develop my work using simple choreographic devices (eg. canon and unison, direction, levels) and a range of dynamics.</p>	<p>I can perform with more energy and confidence</p> <p>I can remember and perform longer dances.</p>	<p>I can identify and describe actions in my own and others dances.</p> <p>I can identify strengths and weaknesses in both my own and others performances and give suggestions on improvements.</p>

Developing	<p>I can select and link together simple actions to create a short dance with a clear starting and ending position</p> <p>I can develop my work using simple choreographic devices (eg. canon and unison, direction, levels)</p>	<p>I can perform with energy and confidence but is inconsistent throughout the performance</p>	<p>I can identify and describe actions in my own and others dances.</p> <p>I can identify strengths and weaknesses in both my own and others performances.</p>
Beginning	<p>I can select and link together basic actions to create a short dance with a simple starting and ending position</p> <p>I can develop my work using simple choreographic devices (eg. canon and unison, directions,)</p>	<p>I can perform with a basic level of accuracy</p> <p>I can remember and perform short dances</p>	<p>I can identify and describe actions in my own and others dances.</p> <p>I can identify strengths and weaknesses in both my own and others performances.</p>

Year 9	Choreography	Performing	Evaluate
Excelling	<p>I can constantly adapt and combine advance skills, techniques and ideas accurately, according to the demands of the activity</p> <p>I can constantly improvise and create original movement using a range of different stimuli</p>	<p>I constantly lead effective rehearsals and can improve my own and others performance skills</p> <p>I constantly perform at a professional level, with confidence, excellent technical ability, and sophisticated communication with artistic intent</p>	<p>I always critically analyse and evaluate dances with reference to skills, technique and artistic intention</p> <p>I can recognise and explain the benefits of regular activity on health and fitness, demonstrating appropriate exercises, with a strong awareness of anatomy and physiology</p>
Extending	<p>I can improvise and create movement around a range of different stimuli</p> <p>I can adapt and combine advance skills,</p>	<p>I can lead the planning, organising, creating and presentation of a dance piece effectively</p> <p>I can perform with confidence, high technical ability, and</p>	<p>I can critically analyse and evaluate dances with reference to skills, technique and artistic intention</p> <p>I can explain the benefits of regular activity on health and fitness and can plan and prepare my own appropriate exercises</p>

	<p>techniques and ideas accurately, according to the demands of the activity.</p>	<p>sophisticated communication with artistic intent</p>	
Embedding	<p>I can select and combine choreographic skills, techniques and devices, using them in a suitable way to show a theme/stimulus/style</p> <p>I can create original dances showing understanding of the choreographic process</p>	<p>I can rehearse and present work of different styles to a high standard using a good range of performance skills</p> <p>I can perform with dynamic quality, good technique, and clear communication of the theme/stimulus</p>	<p>I can interpret and evaluate dances with an understanding of style, context and meaning</p> <p>I can apply knowledge and technique to improve my dances</p>
Secure	<p>I can use basic principles of choreography, including creating, repeating and developing motifs to make my dance more interesting</p> <p>I can use choreographic devices with ease without being prompted.</p>	<p>I can perform with focus, expression, fluency and clarity</p> <p>I can perform with appropriate style and technique</p>	<p>I can comment on skills and techniques in my own and others work, suggesting ways to improve dances</p> <p>I can explain how the body reacts during different types of exercise e.g. warm up and cool down</p>
Developing	<p>I can select and use a range of actions, dynamics, space and relationships to show a theme/stimulus</p> <p>I can create a motif using a range of actions, dynamics, space and relationships</p>	<p>I can perform with control, fluency and clarity</p> <p>I can perform with good timing and spatial awareness</p>	<p>I can describe how actions, space, dynamics and relationships are used to show a stimulus</p> <p>I can identify strengths and weaknesses in my own and others</p>

			work and suggest ways to improve these areas.
Beginning	<p>I can select and link together simple actions to create a short dance with a strong starting and ending position</p> <p>I can develop my work using simple choreographic devices (eg. canon and unison, direction, levels)</p>	<p>I can perform with energy and confidence</p> <p>I can remember and perform short dances</p>	<p>I can identify and describe actions in my own and others dances</p> <p>I can identify strengths and weaknesses in both my own and others performances.</p>