

Physical Education

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| Exam Board | AQA |
| Course Entry Criteria | 6 in GCSE Physical Education plus evidence of practical performance |
| Essential skills | To achieve highly in Physical Education, you need to be strong in both the practical and theoretical components of the course. Standard entry requirements and the division of marks are clearly weighted in favour of the theoretical components of the course (70% 2 theory examinations, 15% written coursework and 15% practical). Therefore, this course is most suitable to those with a strong theoretical background. Being good at a particular sport alone will not bring about success. You also need to be committed to training and competing regularly at a club outside of school hours. |
| A-Level | <p>There are three components to this course:</p> <p>Component 1: Factors affecting participation in physical activity and sport</p> <p>What's assessed Section A: Applied anatomy and physiology Section B: Skill acquisition Section C: Sport and society</p> <p>How it's assessed Written exam: 2 hours (105 marks) 35% of A-level</p> <p>Component 2: Factors affecting optimal performance in physical activity and sport</p> <p>What's assessed Section A: Exercise physiology and biomechanics Section B: Sport psychology Section C: Sport and society and technology in sport</p> <p>How it's assessed Written exam: 2 hours (105 marks) 35% of A-level</p> <p>Component 3: Non-exam assessment: Practical performance in physical activity and sport</p> <p>What's assessed Students assessed as a performer or coach in the full sided version of one activity. Plus: written/verbal analysis of performance.</p> <p>How it's assessed Internal assessment, external moderation (90 marks) 30% of A-level</p> |
| Related courses and careers | Physiotherapy, Sports Science, Sports Journalism, Sports Therapy, Sports Psychology, Nutrition, Sociology, Sports Coaching, Physical Education Teaching, Armed Forces, Emergency Services, Leisure & Tourism Industry, Sports Development. |
| Other Details | <p>Please note when applying to study Physical Education you will be required to meet with the department to assess your suitability for the course. This will involve a review of your practical performance (evidence required) and discussion of your commitment to your sport outside of school.</p> <p>Applicants must provide video footage of a range of core skills in isolation/drill situations (which can be found in the AQA specification) as well as a full competitive situation in a sport they would like to be assessed in for their A Level practical element.</p> <p>Filmed evidence should be accompanied by a commentary wherever possible, outlining any identifying information (e.g., bib letter/number) and some brief information about the match, level of opponent or competition context.</p> <p>Footage should be sent to: Mrs S Hawkey by email shawkey1@townleygrammar.org.uk</p> |

