TOWNLEY GRAMMAR SCHOOL | LEARNING JOURNEY

PHYSICAL EDUCATION

PRIMARY SCHOOL

- Develop a lifelong love of leading a healthy and active lifestyle
- Year 9 sports leaders lead competitions and events for Y6 pupils
- Sit SATS in Year 6
- Year 9 sports leaders to support local primary schools with sports day
- Summer school PE activities
- Year 6 PE outreach programme
- ON YOUR MARKS, GET SET, GO!!

YEAR 7

- Fitness Health & Fitness
- Cricket Problem solving
- Rounders Problem solving
- Tag-rugby Mindset
- OAA Problem solving
- Gymnastics Physical/Creative
- Netball Physical competence
- Football Physical competence
- Indoor athletics Personal performance

Teamwork, Resilience, Communication, Co-operation

YEAR 8

- Tennis Mindset
- Athletics Personal performance
- Orienteering Problem solving
- Gymnastics Physical/Creative
- Indoor athletics Personal performance
- Netball Physical competence
- Football Physical competence
- Handball Mindset
- Rounders Problem solving
- Athletics Personal performance
- Young leaders Health & Fitness

Leadership, Sportsmanship, Patience

YEAR 9

- Badminton Problem solving
- Striking and fielding Problem solving
- Handball Mindset
- Football Physical competence
- Netball Physical competence
- Reignite your passion for cross-curricular activities
- Apply to be a sports leader
- Fitness Creative
- Basketball Physical competence
- GCSE options
- Volleyball Personal performance
- Athletics Personal performance

GCSE 10

- Netball
- Badminton
- Third sport Athletics/Dance/Trampolining
- Movement analysis
- Physical training
- Anatomy and physiology
- Coursework starts
- Revise for and sit your Year 10 mock exams
- Sports psychology

GCSE 11

- External moderation
- Moderation preparation
- Coursework due in
- Video evidence due in
- Rock climbing
- Socio-cultural influences
- Key note revision conference
- Health, fitness and wellbeing

Theory: 60%
Practical: 40%

Core KS4

- Indoor rowing
- Circuit training
- Invasion games/OAA
- Net/wall
- Athletics
- Fitness
- Summer games
- Trampolining
- Table tennis
- Striking and fielding
- Leadership
- Mindfulness
- Continue your lifelong love of leading a healthy and active lifestyle

Related career opportunities: PE teacher, Sports coach, Physiotherapist, Sports Scientist, Sports Psychologist, Performance Analyst, Nutritionist, Sports Journalism

Provides a route to study in Further Education awards, such as A levels and to Higher Education in PE

TOWNLEY GRAMMAR SCHOOL
From here it's possible

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